

The No No List



We are committed to removing artificial preservatives, sweeteners, colors and flavors from the food in our bakery-cafes by the end of 2016. That list includes, but is not limited to:

Acesulfame K
(Acesulfame Potassium)

Alum
(Aluminum Ammonium Sulfate/Aluminium Potassium Sulfate)

Aluminum Calcium Silicate/Bentonite
(Calcium Aluminosilicate, Calcium Silicoaluminate, Sodium Calcium Silicoaluminate)

Ammonium Chloride

Artificial Colors
(Synthetic and Certified FD&C)

Artificial Flavors

Aspartame

Astaxanthin

Autolyzed Yeast Extract

Azo Dyes

Azodicarbonamide

Benzoic Acid

Benzyl Alcohol/Benzoyl Peroxide
(Synthetic only)

BHA
(Butylated Hydroxyanisole)

BHT
(Butylated Hydroxytoluene)

Bromated Flour

Brominated Vegetable Oil

Caffeine

Calcium Bromate

Calcium Peroxide

Calcium Sorbate

Canthaxanthin

Caprocaprylobehenin

Caramel Color
(Classes II-IV)

Carboxymethyl Cellulose

Carmine/Cochineal

DATEM
(Diacetyl Tartaric Acid)

Diacetyl/Acetoin

Dipotassium Sulfate

Disodium Guanylate
(GMP)

Disodium Inosinate
(IMP)

EDTA
(Calcium Disodium EDTA/Disodium Dihydrogen EDTA)

Esters of Fatty Acids

Ethoxyquin

Fat Substitutes
(Sucrose Polyester, Microparticulated Whey Protein Concentrate)

FD&C Colors

Glycerides
(Mono & Diglycerides, all forms)

Glycerol Ester of Wood Rosin

High Fructose Corn Syrup (HFCS)

Hydrogenated Starch

Hydrolyzed Soy or Corn Protein

Lard

L-Cysteine
(Cystine)

Maltodextrin

**Monosodium Glutamate/
Sodium Glutamate**
(Added MSG, not naturally occurring)

Neotame

Nitrates/Nitrites
(Added, not naturally occurring)

Parabens (all)

**Partially Hydrogenated Oils
/Artificial Trans Fat**

Polydextrose

Polysorbates (all)

Potassium Benzoate

Potassium Bisulfate

Potassium Bromate

Potassium Lactate

Potassium Sorbate

Propionates
(Calcium, Sodium)

Propyl Gallate

Propylene Glycol

Propylene Glycol Alginate

Saccharin
(Calcium Saccharin)

Salatrim

Silicones/Siloxanes
(Methyl Silicon, Dimethylpolysiloxane)

Artificial Smoke Flavor

Sodium Benzoate

Sodium Diacetate

Sodium Erythorbate

Sodium Lactate

Sodium Lauryl Sulfate

Sodium Metabisulfite

**Sodium Phosphate/
Trisodium Phosphate**

Stannous Chloride

Sucralose

Sucroglycerides

Sulfites
(Added, not naturally occurring)

Sulfur Dioxide

**Tertiary Butylhydroquinone
(TBHQ)**

Theobromine

Titanium Dioxide

Triacetin/Glycerol Triacetate

Vanillin

Key:

■ Not in our food today

■ Being removed from our food.